Home Lesson Plan for Nurses Week 2020

Grades K-2

TOPIC: Nursing   **SUBJECT:** Florence Nightingale

LESSON(S): Review the life and work of Florence Nightingale and how she contributed to modern-day nursing and the way patients are treated today.

GOAL: Introduce the story of Florence Nightingale and have children learn and understand what she did to improve cleanliness and care for today's patients.

QUICK STARTERS:

Draw a picture of Florence Nightingale taking care of a patient.

Color a picture of Florence Nightingale.

EXPLORATION:

Roleplay: Pretend you are nurse Florence Nightingale. Using a doll or a teddy bear, show how you would take care of 3 patients in the room at once. Remember what Florence did with washing hands, keeping patients apart, and using clean sheets and towels.

Scavenger Hunt: Look for several items around the house and especially in the bathroom that would be used by a nurse or patient. See how many you can find in 10 minutes. (examples: wash cloths, towels, soap, hand sanitizer, band aids, thermometer, tissues.)

What's in a Name: Florence was named after Florence, Italy, the city where she was born. Where did you get your name?

Wear the Hat: Make a paper nurse's hat for yourself.

Birthday Tea Party for Florence: It's Florence Nightingale's 200th birthday! Have a tea party for Florence. Make invitations, plan a tea, cakes, and sandwich menu, and pretend you're celebrating with Florence and friends.

Light the Lamp: When Florence was a nurse, she carried a lamp with her to light the way to see her patients. Look around your house and count how many lights and lamps are in your house. Then, draw a picture of what you think Florence's lamp looked like, and color it. Submit your lamp picture to 2020ihcnursesweek.com to be entered into a drawing for a special prize!

Guess the Cap: Florence wore a nurses' cap, but it doesn't look anything like nurses' caps today. See if you can search online with a grown-up and find the cap that Florence wore, and a cap that a nurse would wear now.

CLOSING QUESTIONS:

Why is washing hands and wearing masks or gloves important when treating patients who have the coronavirus?

What is one word you would use to describe Florence Nightingale?

Would you like to become a nurse yourself one day? If so, why?

VOCABULARY

Nursing

Florence Nightingale

Cleanliness

Patients

MATERIALS

Paper

Crayons

Coloring sheets

Scissors

Paper or unbreakable tea cups and plates

Access to internet

Household items *(band aids, soap, towels, sheets)*

Dolls and teddy bears

Interim
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