

TOPIC:

Nursing

SUBJECT:

Florence Nightingale

OBJECTIVE(S):

Learn who Florence Nightingale is, her work and impact on today, inspire a budding interest in nursing.

LESSON(S):

Review the life and work of Florence Nightingale and how she contributed to modern-day nursing and the way patients are treated today.

RESOURCES:

Interim HealthCare Discussion Guide for Nursing Week 2020 and story of what Florence Nightingale believed we should all do to improve cleanliness and care for today's patients.

QUICK STARTERS:

Write a poem or a song about Florence Nightingale taking care of a patient.

Color a picture of Florence Nightingale.

EXPLORATION:

Scavenger Hunt: Look for several items around the house and especially in the bathroom that would be used by a nurse or patient. See how many you can find in 10 minutes. (examples: wash cloths, towels, soap, hand sanitizer, band aids, thermometer, tissues.)

Roleplay: Pretend you are the teacher. What would you say to your class about Florence Nightingale?

"Would You Rather?": Using the popular "Would You Rather" game, make up a version with 10 questions about being home sick with questions like, "If you were home sick, would you rather watch a movie or read a book if you're home?"

Where Florence Was: Get out a map or globe and locate Florence, Italy, where Florence was born; England, where she lived; and Crimea (now Istanbul, Turkey) where she cared for wounded soldiers.

Flour Power: Dip your hands in flour, then touch everything around you with your hands. Notice how the flour leaves a flour handprint on what you touch. The flour is just like germs. We wash our hands so that germs don't pass from our hands to anything else.

Talk to a Nurse and Win a Prize! Identify a nurse in your family or in a friend's family and interview him or her to find out about her work. Ask why s/he went into nursing, what other jobs s/he could have decided to do with his/her skills, what a typical day in his/her life is like, and what advice s/he would give to someone else who wants to become a nurse. Write up this nurse's story and submit your work to 2020ihcnursesweek.com to be entered into a drawing for a special prize!

Find Florence's Voice: Florence spoke English, German, French and Italian. See if you can go online with a grown-up to hear Florence's actual voice at this YouTube address:

<https://www.youtube.com/watch?v=ax3B4gRQNU4>

CLOSING QUESTIONS:

Why is washing hands and wearing masks or gloves important when stopping the spread of or treating patients who have the coronavirus?

What is one word you would use to describe Florence Nightingale?

Would you like to become a nurse yourself one day? If so, why?

VOCABULARY

Nursing

Florence Nightingale

Cleanliness

Patients

Hospitals

Crimea War

England

Florence, Italy

MATERIALS

Writing Paper

Pens

Crayons

Scissors

Coloring sheets

Flour

Access to Internet

Household items
(band aids, soap,
towels, sheets, tis-
sues)

